
Last Name

First Name

Ethnicity of maternal and paternal grandparents: _____

GENETIC DISPOSITION

score	0	1	2	3	4
What is your eye color?	Light blue, Light Grey, Light Green	Blue, Grey or Green	Hazel or Light Brown	Dark Brown	Brownish Black
What is your natural hair color?	Sandy Red or Light Blonde	Blonde	Chestnut/Dark Blonde/Light Brown	Dark Brown	Black
What is your natural skin color before sun exposure?	Ivory White	Fair or Reddish	Fair with Beige tint	Olive or Light Brown	Dark Brown or Black
How many freckles do you have on unexposed areas?	Many	Several	Few	Minimal	None

Total score for Genetic Disposition: _____

REACTION TO SUN EXPOSURE

score	0	1	2	3	4
What's your skin's reaction to the sun?	Always Burns, Blisters and Peels	Often Burns, Blisters and Peels	Burns Sometimes	Burns Rarely	Never Burns
To what degree does your skin tan?	Hardly or not at all	Light colour tan	Reasonable tan	Tan very easy	Turn dark brown quickly
Does your skin tan within several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always
What is your face's sensitivity to the sun?	Very sensitive	Sensitive	Normal	Resistant	Never had a problem

Total score for Reaction to Sun Exposure: _____

TANNING HABITS

score	0	1	2	3	4
When did you last expose your body to sun (or artificial sunlamp/ tanning cream)?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than a month ago	Less than 2 weeks ago
Did you expose the area to be treated to the sun?	Never	Hardly ever	Sometimes	Often	Always

Total score for Tanning Habits: _____ **TOTAL FITZ SCORE:** _____

0-7	I	Always burns, never tans. White; very fair; red or blond hair; blue eyes; freckles
8-16	II	Usually burns, tans with difficulty. White; fair; red or blond hair; blue, hazel, or green eyes; fair-skinned
17-25	III	Cream white; fair with any eye or hair color; very common; Darker Caucasians
25-30	IV	Brown; typical Mediterranean Caucasian skin
Over 30	V/VI	Black

Client Signature (or Responsible Guardian)

Date

Witness

Date

Tech Initials

Date